

**THE IMPACT OF ACADEMIC PROCRASTINATION
AND ACADEMIC PERFORMANCE ON
ACADEMIC ACHIEVEMENT AMONGST
UNDERGRADUATE STUDENTS AT A LOCAL UNIVERSITY**

By

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Universiti Utara Malaysia

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ABSTRACT

This study aimed to examine academic procrastination and its relationship with academic performance among 90 students of 5th semester for the Landscape & Architecture course of the Faculty of Design and Architecture of one of the local universities. Gender was considered in this research. After analyzing the data, it was found that participants in the study exhibited moderate procrastination tendency. This study also found that academic procrastination was significantly negatively correlated with academic performance. Gender variable had no impact on academic procrastination tendency, but had some impact on the relationship between academic performance and academic achievement. At the end of the paper, limitations and implications of the paper were discussed.

Keywords: Academic Procrastination, Academic Performance and Academic Achievement.

ABSTRAK

Kajian ini bertujuan untuk menguji perhubungan antara penangguhan akademi dengan prestasi dan pencapaian akademi oleh 90 pelajar jurusan *Landscape & Architecture* semester ke 5, *Faculty of Design and Architecture* di sebuah universiti tempatan. Jantina juga telah dipertimbangkan di dalam kajian ini. Setelah menganalisa data, telah di dapati peserta-peserta menunjukkan kecenderungan yang sederhana kepada sifat penangguhan. Kajian ini juga mendapati penangguhan akademi mempunyai kesan yang negatif yang besar terhadap prestasi akademi. Jantina tidak mempunyai kesan pada kecenderungan kepada penangguhan akademi, namun begitu ianya ada memberi sedikit kesan terhadap prestasi akademi dan pencapaian akademi. Di pengakhiran kertas kerja ini, kekangan dan implikasi juga dibincangkan.

Kata kunci: Penangguhan Akademi, Prestasi Akademi dan Pencapaian Akademi.

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CHAPTER ONE

INTRODUCTION

1.0 Introduction

This study was conducted to address the issue of academic procrastination amongst a group of students from a local university. Did academic procrastination has an impact on academic performance and academic achievement? Was there a difference in procrastination between male and female students? Those were the main objectives for this study.

1.1 Background of the Study

Procrastination is an interactive occurrence in which one disregards or delays a timely attendance to an obligatory assignment or judgment. This action subsequently leads to some potential unpleasant and undesirable consequences (Balkis & Duru, 2007). This potentially problematic behavior can be demonstrated in task performance (i.e., avoidant procrastination) or by delaying decisions (i.e., decisional procrastination). In addition, procrastination can be limited to certain circumstances, as in state procrastination, or can become prevalent in most life areas as in chronic or trait procrastination (Schouwenberg, 2004).

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