

**REQUIREMENT ANALYSIS OF E-COUNSELING SYSTEM FOR MATRICULATION
COLLEGE**

HASBULLAH BIN OSMAN

UNIVERSITI UTARA MALAYSIA

2010



KOLEJ SASTERA DAN SAINS
(College of Arts and Sciences)
Universiti Utara Malaysia

PERAKUAN KERJA KERTAS PROJEK
(Certificate of Project Paper)

Saya, yang bertandatangan, memperakukan bahawa
(I, the undersigned, certifies that)

HASBULLAH BIN OSMAN
(804413)

calon untuk Ijazah
(candidate for the degree of) **MSc. (Information Technology)**


telah mengemukakan kertas projek yang bertajuk
(has presented his/her project of the following title)

REQUIREMENT ANALYSIS OF E-COUNSELING
SYSTEM FOR MATRICULATION COLLEGE

seperti yang tercatat di muka surat tajuk dan kulit kertas projek
(as it appears on the title page and front cover of project)

bahawa kertas projek tersebut boleh diterima dari segi bentuk serta kandungan dan meliputi bidang ilmu dengan memuaskan.
(that this project is in acceptable form and content, and that a satisfactory knowledge of the field is covered by the project).

Nama Penyelia
(Name of Supervisor) : **MISS SYAHIDA HASSAN**

Tandatangan
(Signature) :  Tarikh (Date) : 24 Oct 2010

Nama Penilai
(Name of Evaluator) : **MADAM NORIDA MUHD DARUS**

Tandatangan
(Signature) :  Tarikh (Date) : 24 Oct. 2010

**REQUIREMENT ANALYSIS OF E-COUNSELING SYSTEM FOR MATRICULATION
COLLEGE**

A project submitted to Dean of Postgraduate Studies and Research in partial
Fulfillment of the requirement for the degree
Master of Science (Information Technology)
Universiti Utara Malaysia

By

Hasbullah bin Osman

II

PERMISSION TO USE

In presenting this project in partial fulfillment of the requirements for a postgraduate degree from Universiti Utara Malaysia, I agree that the University Library may make it freely available for inspection. I further agree that permission for copying of this project in any manner, in whole or in part, for scholarly purpose may be granted by my supervisor(s) or, in their absence by the Dean of Postgraduate Studies and Research. It is understood that any copying or publication or use of this project or parts thereof for financial gain shall not be allowed without my written permission. It is also understood that due recognition shall be given to me and to Universiti Utara Malaysia for any scholarly use which may be made of any material from my project.

Requests for permission to copy or to make other use of materials in this project, in whole or in part, should be addressed to

Dean of Postgraduate Studies and Research
College of Arts and Sciences
Universiti Utara Malaysia
06010 UUM Sintok
Kedah Darul Aman
Malaysia

DEAN OF POSTGRADUATE STUDIES AND RESEARCH

UNIVERSITI UTARA MALAYSIA

PERMISSION TO USE

In presenting this project in partial fulfillment of the requirements for a postgraduate degree from the Universiti Utara Malaysia, I agree that the University Library may make it freely available for inspection. I further agree that permission for copying of this project in any manner in whole or in part, for scholarly purposes may be granted by my supervisor(s) or in their absence by the Dean of Postgraduate Studies and Research. It is understood that any copying or publication or use of this project or parts thereof for financial gain shall not be allowed without my written permission. It is also understood that due recognition shall be given to me and to Universiti Utara Malaysia for any scholarly use which may be made of any material from my project.

Requests for permission to copy or to make other use of materials in this project, in whole or in part, should be addressed to

Dean of Postgraduate Studies and Research
College of Arts and Sciences
Universiti Utara Malaysia
06010 UUM Sintok
Kedah Darul Aman
Malaysia

TABLE OF CONTENTS

	PAGE
LIST OF TABLES	VIII
LIST OF FIGURES	IX
LIST OF CHART	XIII
LIST OF ABBREVIATION	XIV
ABSTRACT (ENGLISH)	XV
ABSTRACT (BAHASA MELAYU)	XVI
ACKNOWLEDGEMENTS	XVII

CHAPTER ONE: INTRODUCTION

1.1 Background of Study	1
1.2 Problem Statement	3
1.3 Project Objective	5
1.4 Scope	5
1.5 Significant of the study	5
1.6 Summary	6

CHAPTER TWO: LITERATURE REVIEW

2.1 Definition of counseling	7
2.2 Internet technology for online counseling	10
2.3 Brief history of online counseling	12
2.4 Security, confidentiality and secrecy of online counseling	14
2.5 Effectiveness of Online Counseling	15
2.6 Previous studies of online counseling system	17

A. Electronic Academic Counseling (EAC) System	17
B. E-Counsellor	18
C. Evaluation guidelines for the design of a web-based counseling system	20
2.7 Summary	21

CHAPTER THREE: RESEARCH METHODOLOGY

3.1 Requirement Elicitation	22
3.1.1 Interview	23
3.1.2 Questionnaires	23
3.1.3 Observation	24
3.2 Requirement Analysis	25
3.3 Requirement Management	25
3.4 Requirement Verification	26
3.5 Summary	26

CHAPTER FOUR: FINDING AND RESULT

4.1 Introduction	27
4.2 Fact Finding	27
4.2.1 Interview	27
4.2.2 Survey	32
A. Section A. Student's information	33
B. Section B. Counseling service in the college	34

C. Section C. Online counseling service	38
4.2.3 Observation	48
4.2.4 Proposed features for Matriculation e-counseling	53
4.2.5 Requirement Analysis	55
A. List of requirement for e-counseling	55
B. Construct Requirement model for Matriculation e-counseling	56
4.3 Summary	108

CHAPTER FIVE: DISCUSSION OF RESULT

5.1 Designing the e-counseling interfaces	109
5.2 Summary	132

CHAPTER SIX: CONCLUSION

6.1 Introduction	133
6.2 Limitation	135
6.3 Future Work Recommendation	135
6.4 Summary	136

REFERENCES

APPENDICES

LIST OF TABLES

Table 2.1	Forms of counseling	8
Table 2.2	Categories of Online Counseling	9
Table 4.1	Percentage of respondents	33
Table 4.2	Percentage of respondents' opinion regarding to the feedback of face to face counseling that can be used as their references for solving problem	35
Table 4.3	Percentage of respondents' opinion regarding to their comfort state of exposing their personal identity or background during the counseling session	36
Table 4.4	Percentage of respondents' opinion about the exposition of their data and information in counseling records.	37
Table 4.5	Percentage of respondent's opinions regarding to the application of online counseling that can make them comfortable to share their problem with counselor	39
Table 4.6	Percentage of respondent's opinions regarding to the application of online counseling that can facilitate them to conceal their identity from counselor during online counseling session	41
Table 4.7	Percentage of respondent's opinions regarding to the application of online counseling that can facilitate them to communicate with counselor	42
Chart 4.8	Percentage of respondent's opinions regarding to other applications that they needed in online counseling other than applications of counseling session	44
Table 4.9	Percentage of respondent's opinions regarding on their purposes of using an online counseling service	45
Table 4.10	Comparison of five online counseling websites that was been observed	52
Table 4.12	Proposed features that will be included in the e-counseling	54
Table 4.13	List of functional requirement for e-counseling	55

LIST OF FIGURES

Figure 2.1	Technical aspects of evaluation guidelines	20
Figure 3.1	Requirement modeling process	22
Figure 4.1	Proposed features for Matriculation online counseling	54
Figure 4.2	Use Case Diagram	57
Figure 4.3	Student Registration Use Case	58
Figure 4.4	User login Use Case	59
Figure 4.5	Write question and view feedback Use Case	61
Figure 4.6	Chatting Use Case	64
Figure 4.7	Forum Use Case	66
Figure 4.8	Make appointment Use Case	68
Figure 4.9	Answering student's question Use Case	70
Figure 4.10	View Activities Use Case	72
Figure 4.11	Manage Activities Use Case	73
Figure 4.12	Manage Profile Use Case	76
Figure 4.13	Completion of User Registration sequence diagram	78
Figure 4.14	Incompletion of User Registration sequence diagram	79
Figure 4.15	User login sequence diagram	80
Figure 4.16	User Logout sequence diagram	80
Figure 4.17	Invalid user Id and password sequence diagram	81
Figure 4.18	Write question and problem sequence diagram	82
Figure 4.19	Requesting chat to online counselor sequence diagram	83
Figure 4.20	Counselor accept student's request sequence diagram	84

Figure 4.21	Requesting chat to offline counselor sequence diagram	85
Figure 4.22	Forum sequence diagram	86
Figure 4.23	Make an appointment sequence diagram	87
Figure 4.24	Notification of no recorded counselor's schedule sequence diagram	88
Figure 4.25	Answering student's question sequence diagram	89
Figure 4.26	View activities and downloading article and tips sequence diagram	90
Figure 4.27	Activities and tips unavailable sequence diagram	91
Figure 4.28	Manage activities sequence diagram	92
Figure 4.29	Manage profile sequence diagram	93
Figure 4.30	Completion of User Registration collaboration diagram	94
Figure 4.31	Incompletion of User Registration collaboration diagram	95
Figure 4.32	User login collaboration diagram	95
Figure 4.33	User logout collaboration diagram	96
Figure 4.34	Invalid User Id and password collaboration diagram	96
Figure 4.35	Write question and problem collaboration diagram	97
Figure 4.36	Requesting chat to online counselor collaboration diagram	98
Figure 4.37	Counselor accept student's chat request collaboration diagram	99
Figure 4.38	Requesting chat to offline counselor collaboration diagram	100
Figure 4.39	Forum collaboration diagram	101
Figure 4.40	Make an appointment collaboration diagram	101
Figure 4.41	Notification of no recorded counselor's schedule diagram	102
Figure 4.42	Answering student's question collaboration diagram	103
Figure 4.43	View Activities collaboration diagram	103

Figure 4.44	Articles or tips are not available collaboration diagram	104
Figure 4.45	Manage activities collaboration diagram	104
Figure 4.46	Manage profile collaboration diagram	105
Figure 4.47	Matriculation College's e-counseling class diagram	107
Figure 5.1	Matriculation College E-counseling main page	110
Figure 5.2	Student login	111
Figure 5.3	New User Registration	112
Figure 5.4	Incomplete registration notifications	113
Figure 5.5	Invalid username or password notification	113
Figure 5.6	Student Menu	114
Figure 5.7	Student Profile	114
Figure 5.8	Write Question section under Question and Feedback	115
Figure 5.9	Feedback section	116
Figure 5.10	Detail of Feedback	117
Figure 5.11	Chat with Counselor	117
Figure 5.12	Chat room	118
Figure 5.13	Send Message to Counselor form	119
Figure 5.14	Appointment form	119
Figure 5.15	The notification of no schedule for the requested date and counselor	120
Figure 5.16	Counselor Login	121
Figure 5.17	Counselor menu	122
Figure 5.18	Counselor profile	122
Figure 5.19	List of question section	123

Figure 5.20	Detail of Question and Replying feedback to student	124
Figure 5.21	Feedback section	125
Figure 5.22	Detail of feedback	126
Figure 5.23	Counselor Chat Room	126
Figure 5.24	Notification of Chatting requesting from student	127
Figure 5.25	Add new announcement, news or event	128
Figure 5.26	Counselor Information	129
Figure 5.27	Article and Tips	130
Figure 5.28	Notification of unavailable article or tips	131
Figure 5.29	Upload article or tips	131
Figure 5.30	Forum	132

LIST OF CHART

Chart 4.1	Percentage of respondents	34
Chart 4.2	Percentage of respondents' opinion regarding to the feedback of face to face counseling that can be used as their references for solving problem	35
Chart 4.3	Percentage of respondents' opinion regarding to their comfort state of exposing their personal identity or background during the counseling session	36
Chart 4.4	Percentage of respondents' opinion about the exposition of their data and information in counseling records	38
Chart 4.5	Percentage of respondent's opinions regarding to the application of online counseling that can make them comfortable to share their problem with counselor	39
Chart 4.6	Percentage of respondent's opinions regarding to the application of online counseling that can facilitate them to conceal their identity from counselor during online counseling session	41
Chart 4.7	Percentage of respondent's opinions regarding to the application of online counseling that can facilitate them to communicate with counselor	43
Chart 4.8	Percentage of respondent's opinions regarding to other applications that they needed in online counseling other than applications of counseling session	44
Chart 4.9	Percentage of respondent's opinions regarding on their purposes of using an online counseling service	46

LIST OF ABBREVIATION

EC	E-Counseling
MAKUMA	Majlis Kaunseling dan Kerjaya Universiti-Universiti Malaysia
MGR	Manager
SK	Sekolah Kebangsaan
UI	User Interface
UML	Unified Modelling Language
UMS	Universiti Malaysia Sabah
UTHM	Universiti Tun Hussein Onn Malaysia
UUM	Universiti Utara Malaysia

ABSTRACT

Nowadays, there are numbers of higher education institutions in Malaysia provided online counseling service as the alternative way for students who are facing difficulties to attend to the counseling center or have problems to face the counselors. With the existence of online counseling service, it helps students in solving problems regarding their study or personal life. From the observations done on the internet, public matriculation colleges in Malaysia have not provided online counseling service for students.

Therefore, the purpose of this project is to construct a requirement model for online counseling service for students and counselors' usage in matriculation colleges. Requirement model is one technique used to identify the requirements of one particular system based on user's needs and features of related existed system. Next, it designs and constructs the system based on the constructed requirement model.

UML notation has been used in this project in order to build the requirement model for online counseling service and system prototype design is designed in storyboard form. In this project, the functions of the system prototype have been discussed in detail based on the constructed requirement model.

ABSTARK

Pada masa ini, banyak institusi pengajian tinggi di Malaysia telah menyediakan perkhidmatan kaunseling secara atas talian sebagai jalan alternatif bagi para pelajar yang menghadapi kesukaran untuk datang ke pusat kaunseling atau mempunyai masalah untuk bersemuka dengan kaunselor. Dengan adanya pekhidmatan kaunseling secara atas talian, ia membantu para pelajar menyelesaikan masalah yang berkaitan dengan pembelajaran mereka mahupun masalah peribadi. Daripada tinjauan yang telah dilakukan di internet, kolej-kolej matrikulasi awam di Malaysia masih belum menyediakan perkhidmatan kaunseling secara atas talian kepada para pelajarnya.

Maka, tujuan projek ini adalah untuk membina satu model keperluan bagi perkhidmatan kaunseling secara atas talian untuk kegunaan para pelajar dan kaunselor di kolej-kolej matrikulasi. Model keperluan adalah satu teknik yang digunakan untuk mengenalpasti keperluan bagi sesuatu sistem berdasarkan kehendak pengguna dan ciri-ciri sistem berkaitan yang sedia ada dan seterusnya merekabentuk dan membangunkan sistem tersebut berdasarkan model keperluan yang sudah dibina.

Notasi UML telah digunakan di dalam projek ini untuk membina model keperluan bagi sistem kaunseling secara atas talian dan rekabentuk prototaip sistem tersebut telah dibangunkan dalam bentuk lakaran papan cerita. Di dalam projek ini juga, fungsi-fungsi prototaip sistem tersebut telah dibincangkan secara terperinci berdasarkan model keperluan yang telah dibina.

ACKNOWLEDGE

Alhamdulillah, praise to Allah SWT for giving me an opportunity, blessing me with patience and strength to complete this study. I would like to express my unlimited appreciation to my supportive and respective supervisor, Miss Syahida Bt Hassan for her invaluable guidance and assistance, ideas, patience and encouragement during the beginning until the completeness of this study. And special thanks to my evaluator, Madam Norida Bt Muhd Darus for giving me a encouragement comments and advices during evaluating my presentations.

I also would like to express my deepest thanks to my parent, Haji Osman B Hassan and Hajah Hamimah Bt Mohd Salleh for their support, motivation and inspiration. Not forget an appreciation and thanks to my other family members, Angah, Uda, Aliff , Husna Izzati and Tanti Kurniaty for their support and kindness.

And also my deepest thanks to my course mate (MscIT) and my friends who directly or indirectly helps, support and contribute for this study.

CHAPTER ONE

INTRODUCTION

1.1 Background of Study

The rapid technology development that is experiencing by most countries has caused multiple changes and side effects to society. As a result, it raises various socio-psychological effects in society. Parallel to the development, guidance and counseling services are needed for management to help life and to find wellbeing in life.

Counseling is a service that can support people to reach their full potential. It is a process of helping, individual realization and individual learning process (Zuraimy, Najib & Mohamed Sharif, 2008) to achieving wellness, personal's growth, self-understanding and character and career development through cognitive, affective, behavioral or systematic intervention strategies (American Counseling Association, 1997).

Nowadays, corresponding with the growth of network technology, counseling service is not only conducted by traditional therapy format, but it also can be constructed through online system. Counseling service through online system or online counseling can be presented in three basic forms which are email question and response, chat programs and

The contents of
the thesis is for
internal user
only

REFERENCE

- Abbott, J.-A. M., Klein, B., & Ciechomski, L. (2008). Best Practices in Online Therapy. *Journal of Technology in Human Services*, 26 (2/4), p. 360-373.
- Ainsworth, M. (2001). E-therapy: History and survey. *The ABC's of Internet therapy*. Retrieved 13 August 2010, from <http://www.metanoia.org/imhs/history.htm#today>
- Ainsworth, M. (2001). Talk to a Therapist Online. *The ABC's of Internet therapy*. Retrieved 17 July 2010, from <http://www.metanoia.org/imhs/index.html>
- Akahori, K., Nagasima, K. & Kanazawa, H., (2000), Analysis of E-mail Counseling for School-refusal Students Educational Technology Research, 23, p. 45-50.
- Alice Y. F (2009). Online Counseling and Therapy: Critical Issues. p.1-21. Retrieved 17 July 2010, from http://www.netce.com/523/Course_9672.pdf
- Barak, A. (1999). Psychological applications on the internet: A discipline on the threshold of a new millennium. *Applied and Preventive Psychology*, 8, p. 231-241.
- Bell, D. (2003). UML basics: An introduction to the Unified. *The Rational Edge, E-zine for the Rational Community*. p. 1-11. Retrieved 18 August 2010, from www.nyu.edu/classes/jcf/g22.2440-001_sp06/.../UMLBasics.pdf
- Bell, D. (2003). UML basics Part III: The class diagram. *The Rational Edge. E-Zine For The Rational Community*, p.1-13. Retrieved 19 August 2010, from www.ibm.com/developerworks/rational/.../t_modelinguml_db.pdf
- Bloom, J.W. (1998). The ethical practice of WebCounseling. *British Journal of Guidance and Counseling*, 26, p. 53-59.
- Borysowich, C. (2007). *Defining Collaboration Diagrams*. Retrieved 25 September 2010 from <http://it.toolbox.com/blogs/enterprise-solutions/defining-collaboration-diagrams-21140>
- Braun, D., Sivils, J., Shapiro, A & Versteegh, J. (2001). What is UML?. *Unified Modeling Language (UML) Tutorial*. Retrieved 21 August 2010, from http://atlas.kennesaw.edu/~dbraun/csis4650/A&D/UML_tutorial/what_is_uml.htm
- Cherry, K. (2010). What is Online Therapy Retrieved 22 July 2010 from <http://psychology.about.com/b/2010/07/08/what-is-online-therapy.htm>
- Definition of Professional Counseling, (1997). American Counseling Association Governing Council.

- Elleven, R. K., & Allen, J. (2004). Applying technology to online counseling: suggestions for the beginning e-therapist. *Journal of Instructional Psychology*, 31 (3), p.223-227. Retrieved 1 August 2010 from www.sageperformance.com/drjeffallen/DrA/.../OnlineCounseling.pdf
- Holt, J. (2007). *UML for System Engineering: watching the wheels* (Vol. 2.). London, United Kingdom: The Institution of Engineering and Technology.
- Gedge, R. (2002). Online counselling services in Australia –the challenges of a new vehicle for an old Art Retrieved 13 July 2010 from <http://ausweb.scu.edu.au/aw02/papers/refereed/gedge2/paper.html>
- Grohol, J.M. (1999). Definition & Scope of e-therapy. Best Practices in eTherapy. Retrieved 19 July 2010 from <http://psychcentral.com/best/best3.htm>
- Guterman, J.R., & Kirk, M.A (1999). Mental health counselor and the Internet. *Journal of Mental Health Counseling*, 21, p. 309-323.
- HealthyPlace.com (2009). What is Marriage Counseling? Who's it for? And How Does Marriage Counseling Work?. Retrieved 5 August 2010, from <http://www.healthyplace.com/relationships/therapy/what-is-marriage-counseling-whos-it-for-and-how-does-marriage-counseling-work/menu-id-63>
- Kali Monro. (2008). Online Counseling. Retrieved 22 July 2010 from http://www.kalimunro.com/online_counseling2.html
- Khelifa, M. (2007). Online Counseling: Competing, Ethically and safely in a Global Environment. *Electronic Journal of the American Association of Behavioral and Social Sciences*.p.1-13. Retrieved 20 July 2010 from aabss.org/Perspectives2007/AABSS2007Article6Khelifa.pdf
- Kongmany, C. (2009). Data Collection Techniques. *Training Course in Reproductive Health Research Vientiane*. Retrieved 9 September 2010 from www.gfmer.ch/.../Data_collection_tecniques_Chaleunvong_Laos_2009.pdf
- Kuittinen, M., Pontinen, S. & Sutinen, K. (2001). How to Design Web-based Counseling. p.178-179. Retrieved 20 July 2010 from <http://ieeexplore.ieee.org.eserv.uum.edu.my/ielx5/7507/20425/00943893.pdf?tp=&arnumber=943893&isnumber=20425>
- Lasker, J.N, Sogolow, E.D, & Sharim, R..R., (2005). The role of an online community for people with a rare disease: content analysis The role of an online community for people with a rare disease: content analysis. *Journal of Medical Internet Research*, 53 (2), p. 195-199.

- Laszlo, J.V. , Esterman, G. & Zabko, S. (1999). Therapy over the Internet? Theory, Research & Finances. p. 1-21. Retrieved 22 July 2010 from [http://www.infosihat.gov.my/artikelHP/bahanrujukan/HEandICT/Therapy over the Internet.pdf](http://www.infosihat.gov.my/artikelHP/bahanrujukan/HEandICT/Therapy%20over%20the%20Internet.pdf)
- Mallen, M. J. & Vogel, D. L. (2005). The Practical Aspect of Online Counseling: Ethics, Technology, and Competency. *The Counseling Psychologist*, 33 (6).
- Mallen, M.J., Vogel, D.L., Rochlen, A.B. & Day, S.S (2005). Online Counseling: Reviewing the Literature From a Counseling Psychology Framework. *The Counseling Psychologist*. 33(6).
- Maletz, M., Blouin, J. G., Schnedl, H., Brisson, D., & Zamazal, K. (2007). A Holistic Approach for Integrated Requirements Modeling in the Product Development Process. *The Future of Product Development Proceedings of the 17th CIRP Design Conference*. p.198. Retrieved 17 August 2010, from <http://www.springerlink.com/content/978-3-540-69819-7/#section=321467&page=2&locus=60>
- Manhal-Baugus, M. (2001). E-therapy: Practical, Ethical and Legal Issues. p.3-34. Retrieved 1 August 2010 <http://www.eric.ed.gov/PDFS/ED455458.pdf>
- Maples, M. F. (2008). Counseling & Life Coaching: Complementary or Competitive. *Professional Counseling Digest* , p. 1-2. Retrieved 6 August 2010 form <http://counselingoutfitters.com/vistas/ACAPCD/ACAPCD-21.pdf>
- Morgan, G. A. & Harmon, R. J. (2001). Data Collection Techniques. *Journal of the American Academy of Child and Adolescent Psychiatry*, 40 (8), p. 865-989.
- Moulding N. (2007) Online counselling: With particular focus on young people and support. *Counselling, Psychotherapy, and Health*, 3(1), p. 25-32
- Murphy, L.J. & Mitchell, D.L. (1998). When writing helps to heal: e-mail as therapy. *British Journal of Guidance and Counseling*, 26, p. 21-32
- Navarro, J., Borges, J., Rodriguez, N., & Jimenez, M. (2002). Electronic Academic Counseling System. *32nd ASEF/ IEEE Frontiers in Education Conference*, (p. 10-14). Boston, MA. Retrieved 12 August 2010 from <http://fie-conference.org/fie2002/papers/1248.pdf>
- Palaniappan, S., & Jun-E, T. (2006). Web-Based Counselling System. *14th International Conference on Advanced Computing & Communications (ADCOM2006)*, (p. 50-53). Mangalore, India.
- Rad, A. Z., & Razak, N. A. (2009). Bridging Digital Divide via the E-Counseling Activities. *Seminar Kebangsaan E-Komuniti 2009. Merapatkan Jurang Digital: Masyarakat Berpengetahuan, Model Malaysia* (pp. 1-8). Kuala Lumpur: Pusat Kajian E-Komuniti Universiti Kebangsaan Malaysia.

- Ragusea, A.S. & VandeCreek, L. (2003). Suggestion for The Ethical Practice of Online Psychotherapy. p. 95.
- Rochlen, A. B., Zack, J. S., & Speyer, C. (2003). Online Therapy: Review of Relevant Definitions, Debates, and Current Empirical Support. *Journal of Clinical Psychology*, 60 (3), p. 270-280.
- Sampson, J.P., Kolodinsky, R.W., & Greeno, B.P. (1997). Counseling on the information highway: Future possibilities and potential problem. *Journal of Counseling and Development*, 75, p. 203-212.
- Sekaran, M. (2003). Data Collection Method. *Research Methods for Business, A Skill Building Approach*, 4, p. 218-261.
- Stofle, G.S. (2001). Choosing an online therapist. Harrisburg, PA: White Hat Communications.
- Svensson, D & Malmqvist, J. (2001). Integration of Requirement Management and Product Data Management Systems. *Proceedings of DETC'01 ASME 2001 Design Engineering Technical Conference and Computers and Information in Engineering Conference Pittsburgh, PA.* p. 4.
- Tate, D.F., Wing, R.R & Winett, R.A. (2001). Using internet technology to deliver a behavioral weight loss program. *Journal of the American Medical Association*, 285, p. 1172-1177.
- The Practice of Internet Counseling. (2010). National Board for Certified Counselors, Inc. & Center for Credentialing and Education, Inc.
- Venkatesh, S. (2006). Group Counseling. *Counseling Psychologist*. Retrieved 5 August 2010, from http://changingminds.org/articles/articles/group_counseling.htm
- Wardell, C. (2008). History of Online Counseling and Child Development. Retrieved 13 August 2010, from <http://ezinearticles.com/?History-of-Online-Counseling-and-Child-Development&id=1049584>
- Watson J.C., (2003). Computer-Based Supervision: Implementing Computer Technology into the Delivery of Counseling Supervision. *Journal of Technology*, 3_1. Retrieved 17 July 2010, from http://jtc.colstate.edu/vol3_1/Watson/Watson.htm
- Yun, Z., & Yuan, T. (2010). The Application of Web in Mental Counseling for College Students. *Second International Conference on Multimedia and Information Technology (MMIT)* (p. 194-197). Kaifeng, China: The Institute of Electrical and Electronics Engineers, Inc.
- Zamani, Z. A. (2009). Computer Technology and Counseling. *2nd IEEE International Conference on Computer Science and Information Technology (ICCSIT2009)*, p. 488 -490.

Zuraimy A, Mohd, N. S & Mohamed S.M., (2008). Amalan serta peranan dan tanggungjawab kaunselor di sekolah-sekolah dalam menangani masalah kekeluargaan. *Seminar Kaunseling Keluarga 2008*, p.110.